



AfibAlert

What the Lights Mean

It is recommended to use the AfibAlert™ indoors. The display may not be visible outdoors or under bright light conditions. The light and recorder will automatically turn off after 30 seconds



A **RED** light means that you should transmit your data immediately. If warranted, your physician may contact you and provide further instructions.



A **GREEN** light means that data has been successfully stored for later transmission. However, if you are **experiencing symptoms**, you should call the service center immediately. If you are in immediate need, do not hesitate to call 911.



A **YELLOW** light means that poor electrode contact was present and the test should be repeated. You may want to use the wrist electrodes that are provided.



A **BLUE** light means that the recorder is acquiring and analyzing data. Your heart rate will appear in the display during the analysis process. The blue light will also appear while data is being transmitted.

Note: AfibAlert alerts for Atrial Fibrillation only. If the green light illuminates and symptoms are present, it is best to transmit the data or consult with your physician.

Two Ways to Take a Reading

- placing your thumbs on the recorder electrodes
- using the patient cable and wrist electrodes

It is best to take a reading in the early morning, just after rising from bed. If subsequent readings are taken during the day, it is best to relax for 5-10 minutes before taking the test.

Taking a Reading with the Thumb Electrodes



1. Press the **BLACK** Start button to turn on the AfibAlert recorder.
2. Place thumbs firmly on the electrodes. Do not remove thumbs from electrodes until a red, green, or yellow icon illuminates.
3. The **BLUE** light will illuminate while recorder takes a reading.
4. Once the reading is completed, the recorder will beep and a red, green or yellow icon will illuminate. **Read more about what the lights mean**

Taking a Reading with the Patient Cable and Wrist Electrodes



1. Attach the cable to the recorder by pushing the connector straight into the socket. To remove the cable, squeeze the connector and pull straight out. Do not twist the cable connector.
2. Slightly dampen the underside of your wrist with water and slide the wrist strap on each wrist with the snaps placed on the dampened underside of the wrist.
3. (Image) Connect the snaps on the cable to each wrist strap. (Red snap on the left wrist, white snap on the right wrist.)
4. Press the black Start button to turn on the AfibAlert recorder.
5. The blue light will illuminate and your heart rate will display while recorder takes a reading.
6. Once the reading is completed, the recorder will beep and a red, green or yellow indicator light will illuminate. **Read more about what the lights mean**

Transmitting Data

Transmitting Using the Standard Telephone:



1. Call 1-800-747-4455 as soon as possible after each event. A technician will help you through the process. For best transmission, please avoid cordless and cell phones unless it is an emergency.
2. Place Monitor on a flat Surface.
3. Place phone mouthpiece over hole on front of monitor as instructed by technician.
4. Press the GREEN send button on side of monitor until you hear a constant tone, then release button and hold phone in position until tone stops.
5. Transmission takes approximately 60-240 seconds per event.
6. After tone stops, pick up the phone and listen to technician for further instructions. Monitor will continue beeping and green light will flash until monitor is reset.
7. Hold the recorder's speaker next to the telephone's mouthpiece. Press the black button.
8. To transmit a single test – hold the black start button for three seconds or until a single beep is heard. Release the button. After releasing the button, you will hear a long tone and the blue light will illuminate.
9. To transmit all stored data – Hold the black start button for six seconds or until the second beep is heard. Release

the button. After releasing the button, you will a long tone and the blue light will illuminate. You will hear a 45 second tone followed by a brief pause for each test that is transmitted (up to five tests).

10. When the transmission is complete, the green light will illuminate. Pick up the phone and listen to technician for further instructions. The AfibAlert recorder will shut off automatically after 30 seconds.

Resetting the Monitor

It is not necessary to reset the monitor. New recordings will automatically erase old recordings. Therefore, it is essential to call the lab as soon as possible to avoid any transmissions from being erased.

